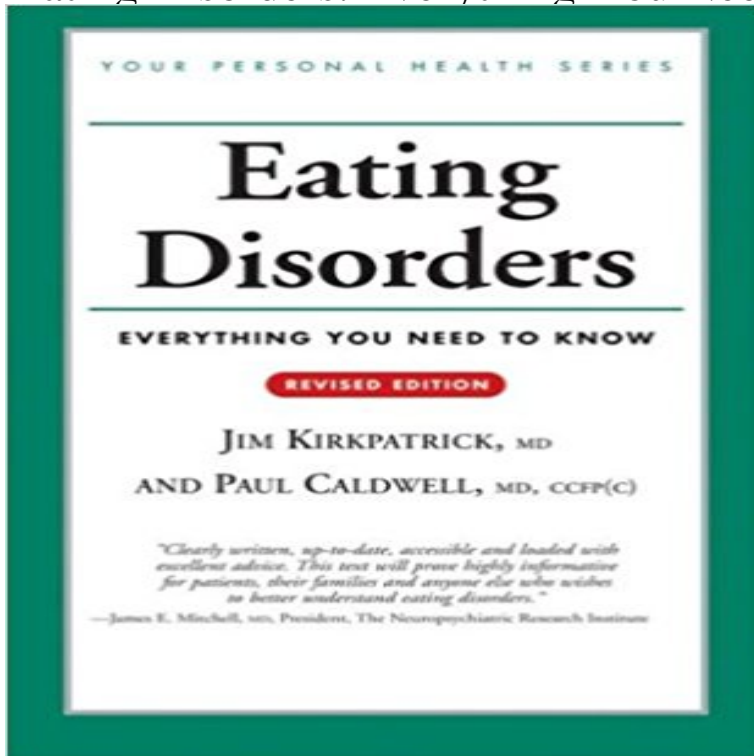


## Eating Disorders: Everything You Need to Know (Your Personal Health)



Revised and updated. In a society where people have access to healthy, nutritious food, why do so many -- especially girls and young women - develop eating disorders that can lead to illness, psychological anguish, organ damage and death? This revised and updated edition of Eating Disorders provides expert advice on the causes, effects and treatment of anorexia nervosa, bulimia nervosa, binge eating and a host of less familiar eating disorders. The authoritative text is non-technical and accessible. Topics include: Early warning signs Genetic predisposition Feeding disorders of infancy and early childhood Complicating factors such as pregnancy, diabetes and substance abuse The recovery process Updated medical and psychological treatment options Practical tips on how family and friends can help. The book is organized into the following chapters: Anorexia Nervosa Bulimia Nervosa Other Eating Disorders Factors That Complicate Eating Disorders Understanding Eating Disorders Medical Treatment Medications That May Help Psychological Treatment The Road to Recovery. Supplemented by case studies and personal insights from men and women recovering from these conditions, Eating Disorders is an intelligent, sensitive guide to a complex and disturbingly common problem.

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How Worried Should You Be About Stains in Your Hotel Room. **About An Eating Disorder: Symptoms, Signs, Causes & Articles For** In many cases, for eating disorders to be overcome, the focus needs to be moved away In many cases our response as Personal Trainers to someone who is severely to food and exercise is to encourage these individuals to adopt a healthy eating or exercise plan. Cant find what youre looking for? **Eating Disorders: Everything You Need to Know Your Personal** Eating Disorders: Everything You Need to Know (Your Personal Health) [Dr Jim Kirkpatrick MD, Dr Paul Caldwell MD CCFP(C)] on . \*FREE\* **Read Online Eating Disorders: Everything You Need to Know (Your** Eating disorders can have serious, life-threatening complications. During a physical exam, your doctor will check your height, weight, and vital signs. Your mental health doctor will ask you questions about your eating habits. 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