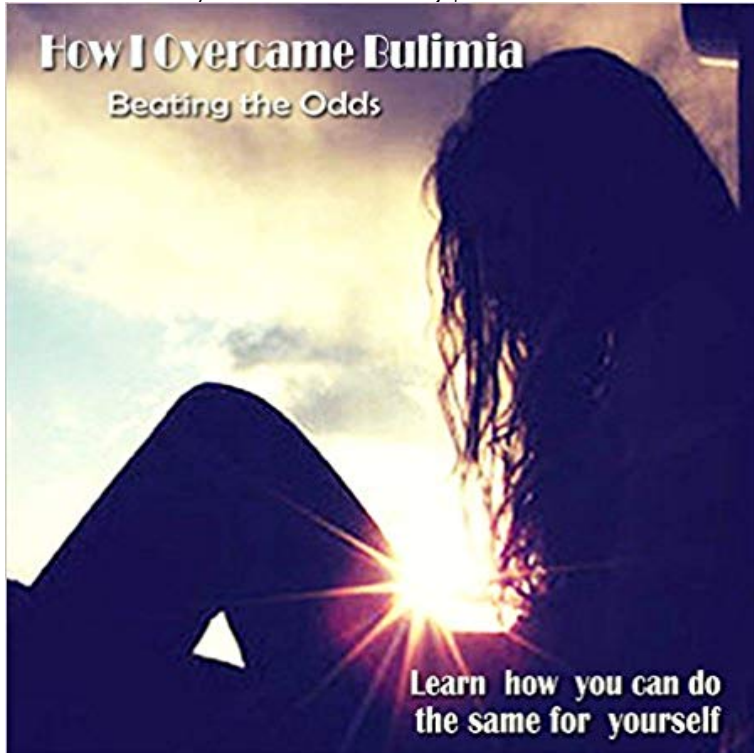


How I Overcame Bulimia : Beating the Odds and Learn How You Can Do The Same For Yourself (Emotional Eating Disorders : What they are and how you can recognize them Book 1)



This book tells about one woman's battle with bulimia as a teenager. It details how she developed an eating disorder, how it was discovered by her family and friends, and the journey she took to recover from it. Her candid disclosure of her experience will speak to a lot of young women who are undergoing the same fears and pressures that come with adolescence and the struggle to fit in and be better than what is expected of them. Find out how she triumphantly overcame bulimia and learn how you can do the same for yourself or how you can help a loved one to fight back this eating disorder. If ever you are suffering from bulimia, this book is an absolute must read.

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