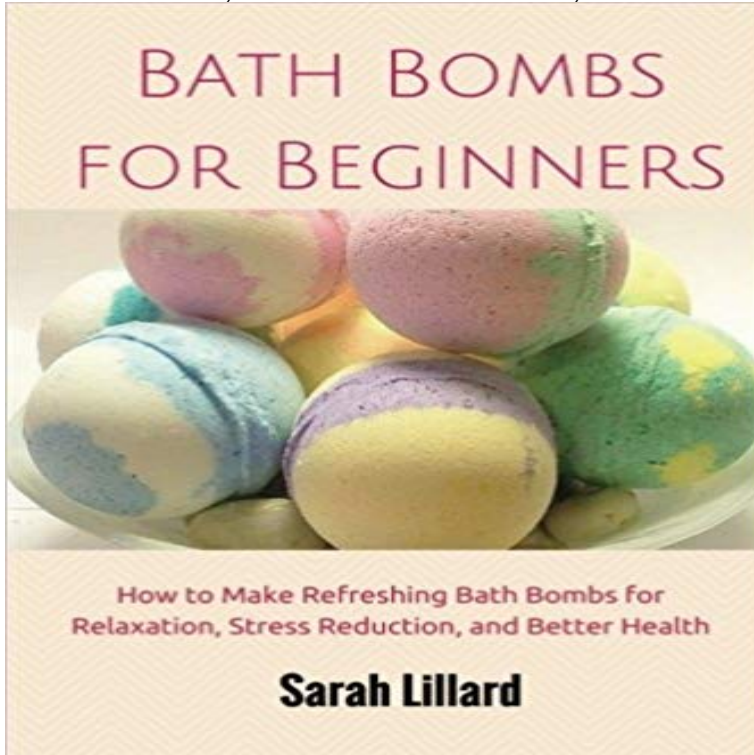


# Bath Bombs for Beginners: How to Make Refreshing Bath Bombs for Relaxation, Stress Reduction, and Better Health



Bath Bombs for Beginners Want to make your own bath bombs to experience that expensive spa experience at a fraction of the cost? DESCRIPTION A collection of bath bombs recipes that you can use not only when you need relaxing or reinvigorating moments, but specially created recipes that take care of nearly your every mood aid your healing in body, mind and spirit and all for a fraction of the cost of bath shop prices. These bombs, despite their affordability, are every bit as relaxing . . . every bit as reinvigorating . . . every bit as healing as the those in the stores that were three times the cost. Success! BIG OVERALL BENEFIT example: Discover the ultimate bath experience while boosting your body, mind and spirit Also, youll discover.. Four ways how bath bombs can sooth your nerves after a stressful day How to make memorable gifts for family and friends The role of citric acid in a bath bomb recipe And much more! Table of Contents Chapter 1: So, Whats a Bath Bomb, Anyway? Yes, you can make your own bath bomb! Four Reasons to Use, Give and Make Bath Bombs Chapter 2: Aromatherapy, Bath Bombs and You So, Exactly What are Essential Oils, Anyway? How does Aromatherapy work? Chapter 3: The Basic Instructions A Basic Recipe Basic Bath Bomb Recipe Without Citric Acid Ingredients: Basic Bath Bomb Recipe without Essential Oils Chapter 4: Bath Bombs that Heal Body, Soul and Spiri Healing Lavender Bath Bomb Basil Bath Bomb Red Currant Bath Bomb White Tea and Coconut Oil Bomb Holistic Healing Apple Bath Bomb Chapter 5: Energizing Bath Bombs Rosemary Bath Bomb Energizing Citrus Bath Bombs Peppermint Pick-Me Up Bath Bomb Uplifting Tangerine Bath Bomb Perky Vanilla Bath Bombs Chapter 6: Bath Bombs to Help You Relax Surprisingly Relaxing Chamomile Bombs Decadently Relaxing

Milk and Honey Bath Bomb Restful  
Rose-Scented Bath Bomb White Tea Bomb  
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Holiday Bath Bomb Valentines Day Love  
Bomb Milky Bath Bombs Moisturizing  
Bombs Easter Egg Bath Bombs Conclusion

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