

## Kwik Sews Swim & Action Wear



Master Pattern Included Sewing swim and action wear will be easy and fun with this book. You can create a one-of-a-kind garment and select the style that looks the best on you. The Master Pattern in this book includes a variety of swimsuits, leotards, leggings and shorts. Many variations are included for one and two piece swimsuits, action wear for biking, gymnastics, aerobics, dancing and skating. With your creativity an endless variety of styles can be made. The sewing procedures are easy to follow with many clear illustrations, that even a beginner sewer can follow and be able to make professional looking garments. Making your own swimwear and action wear is much easier and faster than you can imagine and you will also save a lot of money, since each outfit takes a minimum amount of fabric. A large variety of fabrics for swim and action wear are available in most fabric stores, many of the same fabrics as used in ready-to-wear. The multi-sized master pattern is printed on durable white paper with colour coded lines for each size. The patterns are printed on both sides of the paper so we could include as many sizes and designs as possible. Trace the patterns using tracing paper or tracing cloth made of transparent pressed fibers. All of the master pattern pieces include 1/4" (6 mm) seam allowances. This is the best seam allowance to use when sewing swim and action wear. You can use a regular sewing machine or a serger/overlock machine. The master pattern includes five sizes from extra small to extra large. Patterns are made to fit specific body measurements. Before you trace the pattern, choose the size by comparing your measurements to the measurement chart. Choose the size closest to your bust, waist and hip measurements. If in-between sizes, choose the larger size. The book gives instruction for making changes on the pattern for the

proper fit. This book has easy-to-follow sewing instructions with clear illustrations and time saving techniques for even the beginning sewer. All styles and creative ideas are shown throughout the book in full colour photographs.

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