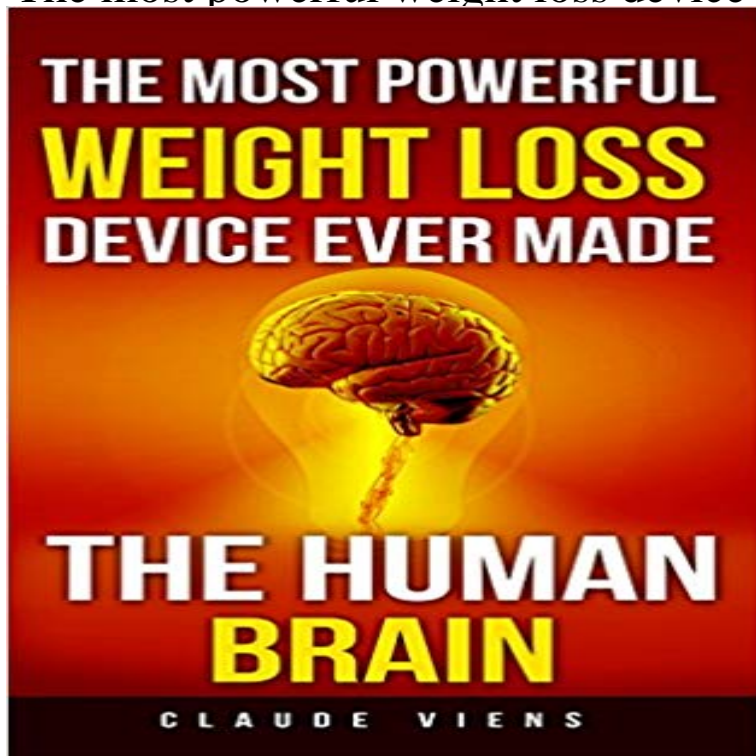


## The most powerful weight loss device ever made: The human brain



Milliions of people are struggling to find a way out of obesity without knowing they already own THE MOST POWERFUL WEIGHT LOSS DEVICE EVER MADE. This simple book written by a simple man explains how mastering our thoughts can influence our behavior, which is responsible for the way we are. Approaching age 50, I was determined to give myself the gift of good health. This time it had to be something else than those awful diets and exercise plans that had failed me multiple times. I was obsessed with the idea that it didnt have to be hard or complicated. As the Wright brothers observed birds to create their first airplane that actually got off the ground, I observed healthy people to reproduce their way of thinking and slowly melt down those 80 pounds I was carrying for no good reason. From day one of this wonderful adventure, I have been jotting down my actions and results that caused the weight to go down and my health to skyrocket. By reading this book, you will benefit from 35 years of research and reflections. Think of this work as a biography more than scientific and medical facts. I wish somebody would have written this book 35 years ago so I could have benefitted from all of this knowledge. I cant even begin to describe how great I feel now and I want you to feel the same way. After a life of obesity, I now have the competence and credibility (even though I joke about not being qualified in the book) to pass on this life changing information to you. Here is the deal; I want you to read this book and then get in touch with me to tell me how its going. I am easy to reach so please give me a shout. By taking action now, you have just made a friend and at the same time, so did I. Are you still reading this? Cool! Congratulations! Your success is just a step away! Talk to you soon! You will find me at [www.mostpowerfuldevice.com](http://www.mostpowerfuldevice.com)

Why can some people adhere to a healthy

way of life, while others are inclined towards habits that lead to obesity and health problems? While we are inundated daily with new diet fads, quick get thin solutions and made to feel fat, lazy and unworthy, the solution is probably a lot easier than you think it is. The Most Powerful Weight Loss Device Ever Made, The Human Brain will show you: What it means to be accountable Ways to open up your perception possibilities Tips and tricks to put an end to the never-ending diet cycle The power of our mind and the strength of our convictions can be the starting place. We can lose the weight and create a life for ourselves that is not focused on the weight, but, instead, the health. Pick up your copy of The Most Powerful Weight Loss Device Ever Made today and begin your journey. \*\*\*\*\* Have you struggled with excessive weight, body issues and health problems your whole life? Are you stuck in a loop of weight-loss and weight gain yo-yoing back and forth constantly? Do you find yourself unable to have the willpower and strength needed to even get started? Are you ready to make the final change? What would it take to help you make that change in your life? Author Claude Viens explores his own weight-loss and health journey in The Most Powerful Weight Loss Device Ever Made, The Human Brain. Viens explores how each of us can tap into the power of our mind, to achieve the results we desire, using his own life stories as illustrations in an easy to understand, interesting and helpful manner. What if asking yourself the right questions was all you needed to achieve your goals? Make the commitment today and change your mindset forever.

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